

Allegiance Recreation Therapy – November 2022

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday					
				1		2		3		Wear Red!		4		5			
Low Vision Low Hearing Update Assistance is available.				0900 Fall Games Events PR 1000 Chair Exercise PR 1330 Bingo!		0900 Fall Games Events PR 1000 Chair Exercise PR 1330 Fall Games PR 1400 Matinee 		0900 Fall Games Events PR 1000 Chair Exercise PR 1330 Fall Games		0900 Chair Exercise PR  1000 Piano 1400 Afternoon Bingo CC		0900 Chair Exercise  College Football 1800 Movie Ch 4					
Fall Back.....Time 2am		6		7		8		9		10		Wear Red!		11		12	
0830 Individual Visits IR 0900 Catholic Svc CH 1030 Protestant Svc CH NFL Football		0900 Crosswords 1000 Chair Exercise  1330 Ice Cream		0900 Chair Exercise 1000 Ole Time Radio 1330 Bingo!		0830 Newsworthy 1000 Chair Exercise 1000-1200 IL Art Show 1130 Fall Cookout 1400 Matinee 		1000 Marine Birthday Ceremony 1400 Veterans Day Ceremony				0900 Chair Exercise 1000 Royal Pet Visit IR 1800 Movie Ch 4					
13		14		15		16		17		Wear Red!		18		19			
0830 Individual Visits IR 0900 Catholic Service Ch 1030 Protestant Service Ch NFL Football		0830 Café Crew PR 0900 Fall Art 1000 Chair Exercise  1330 Trains		0830 Coffee n History 1000 Chair Exercise PR  B-Day LUNCH!! 1330 Bingo! PR		0830 Newsworthy 0900 Chair Exercise 1000 Town Hall CC  1400 Matinee		0900 Chair Exercise 1200 YUM YUM Order out PM "Cooper" 		0830 Outing to Walmart and Mall 1400 Afternoon Bingo CC		0900 Chair Exercise  College Football 1800 Movie Ch 4					
20		21		22		23		Thanksgiving Holiday		24		Wear Red!		25		26	
0830 Individual Visits IR 0900 Catholic Service CH 1030 Protestant Service CH NFL Football 1330 Chit Chat Social		0900 Baking Pies  1000 Chair Exercise PR 1330 Ice Cream Social		1000 Chair Exercise PR  1330 Bingo! PR 1800 Movie Ch 4		0900 Chair Exercise PR 1000 Fall Fest 		 Thanksgiving Lunch 1130		0800 Protestant Service 0900 Chair Exercise PR 1000 Homemade Christmas ornaments 1400 Afternoon Bingo CC		0900 Chair Exercise 1000 Royal Pet Visit IR 1800 Movie Ch 4					
27		28		29		30											
0830 Individual Visits IR 0900 Catholic Service CH 1030 Protestant Religious Services CH		0900 Word Games 1000 Chair Exercise PR 1300 Virtual Travels		0900 Homemade Christmas ornaments 1000 Chair Exercise PR 1330 Bingo!		0900 Door and Tree Decorations 1000 Chair Exercise PR 1400 Matinee 		Skype is available and		Zoom with family and friends							

LOCATION KEY AT = Activity Room CC = Community Center CH Chapel		F = Front Entrance IR = In Room PT = Patio PR- Piano Room		TV = TV Lounge TH = Theater Ch = Church		<i>Leisure supplies and resources please call</i> 897- 4432		Channel 4 Senior TV Virtual Travels 1300, 2100 Movie 1800		Quarterly Memorial 0845 1200 2230		Dry Bar Comedy 0700, 1600, 2300	
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